



**HOW  
TO TAKE**  
**Mycapssa<sup>®</sup>**  
**(octreotide) capsules**  
20mg



# HOW TO TAKE



Establishing a routine may help taking MYCAPSSA® (octreotide) delayed-release oral capsules become a seamless part of your daily schedule. Remember, you play an important part in the success of MYCAPSSA.



MYCAPSSA is a twice daily medication. So, you'll take it **once in the morning and once again in the evening.**



Make sure to take each dose **with a glass of water only.**



You must take MYCAPSSA on an empty stomach, so it's important to schedule your MYCAPSSA doses around meals. **Do not eat or drink anything, except water, for 2 hours before taking MYCAPSSA and for 1 hour after.**



**Swallow the capsules whole.** Do not crush or chew the capsules before swallowing.

## INDICATION AND IMPORTANT SAFETY INFORMATION

### What is MYCAPSSA (octreotide) for?

MYCAPSSA is an oral prescription medicine used in the long-term maintenance treatment of acromegaly in people for whom initial treatment with octreotide or lanreotide has been effective and tolerated.

If these treatments are effective and your body is tolerating it, you may be eligible to take MYCAPSSA instead of the injections. Ask your doctor if this oral treatment is appropriate for you.

Finding a routine that is convenient and helps you stick to the proper dosing schedule is key to your success with MYCAPSSA. Here are a few examples of how you may be able to work your MYCAPSSA doses into your daily routine.



### MORNING DOSE



- Take the morning dose with a glass of water **first thing when you wake up**, and wait to eat or drink until at least 1 hour later.
- So, if you wake up and take your **MYCAPSSA at 7AM**, you can **eat breakfast at 8AM.**



- You **can have breakfast first** and then take your morning dose of MYCAPSSA at least 2 hours later.
- For example, if you **finish your breakfast at 7AM**, you can **take MYCAPSSA at 9AM.**
- Be sure not to eat again until at least 10AM.



### EVENING DOSE



- Take MYCAPSSA 1 hour **before dinner**, as long as lunch and any afternoon snacks were eaten at least 2 hours prior to taking MYCAPSSA.
- For example, if you finished an **afternoon snack at 3PM**, you can **take MYCAPSSA at 5PM** and eat dinner as early as 6PM.



- You can take the evening dose **before going to bed**, at least 2 hours after dinner or any other snack.
- That means if you **finished dinner at 7PM**, you can **take your MYCAPSSA at 9PM.**
- Be sure you don't eat again before bed and if you do, it should be at least 1 hour after taking MYCAPSSA, 10PM in this example.

## INDICATION AND IMPORTANT SAFETY INFORMATION (Continued)

### What is the most important safety information I should know?

MYCAPSSA can cause problems with the gallbladder. Tell your healthcare provider if you have any of these symptoms: sudden pain in your upper right stomach (abdomen) or right shoulder or between your shoulder blades; yellowing of your skin or the whites of your eyes; fever with chills; or nausea.



### MISSING YOUR DOSE MAY KEEP YOUR BODY FROM GETTING ENOUGH OCTREOTIDE EACH DAY

It's important to stay on track each day, giving your body the right amount of medicine that it needs to control your acromegaly. **If you miss a dose of MYCAPSSA, do not take it at a later time. Instead, just take your next dose of MYCAPSSA as scheduled.**



### IT'S IMPORTANT TO SCHEDULE YOUR MYCAPSSA DOSES AROUND MEALS

If you eat within 2 hours before or 1 hour after taking MYCAPSSA, it may not have the effect you want. **MYCAPSSA may not be absorbed properly into your body.** Time your taking of MYCAPSSA around your meal schedule.

## INDICATION AND IMPORTANT SAFETY INFORMATION (Continued)

MYCAPSSA may affect your blood sugar, thyroid hormone, or vitamin B12 levels. Tell your healthcare provider if you have any problems or conditions related to these. Your healthcare provider may monitor these levels during your treatment with MYCAPSSA.

Tell your healthcare provider if you have an irregular heartbeat.

### Who should not use MYCAPSSA?

MYCAPSSA can cause a serious allergic reaction including anaphylactic shock. Stop taking MYCAPSSA right away, and get emergency help if you have any of these symptoms: swelling of your tongue, throat, lips, eyes or face; trouble swallowing or breathing; severe itching of the skin with rash or raised bumps; feeling faint; chest pain; or rapid heartbeat.

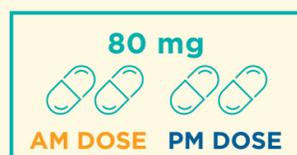
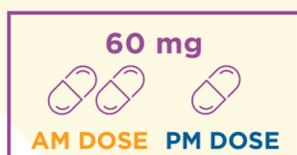
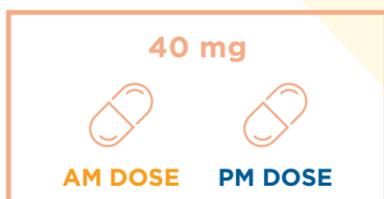
## HOW IS MYCAPSSA PACKAGED?

Each wallet of MYCAPSSA comes with 28 capsules in **a slim and convenient package.** Each MYCAPSSA capsule is 20 mg.

## HOW IS MYCAPSSA DOSED?

The recommended starting dosage of MYCAPSSA is **40 mg daily.**

Over time, your doctor may decide to adjust your dose to **60 mg or 80 mg**, depending on your IGF-1 hormonal levels and your acromegaly signs and symptoms.



## INDICATION AND IMPORTANT SAFETY INFORMATION (Continued)

Do not use MYCAPSSA if you are allergic to octreotide or any other ingredients in MYCAPSSA. If you need to know the ingredients, ask your healthcare provider or pharmacist.



Make sure to have an **open dialogue about how you feel** and let your doctor know how MYCAPSSA is working for you. This will help ensure that you are receiving the right amount of medicine to **properly manage your acromegaly.**

[Click here](#) for a **symptom tracker** to help you monitor any changes in your acromegaly signs and symptoms, and be prepared for a conversation at your next doctor's appointment.



**Find the twice daily schedule that works best for you** - whether that's morning or noon for your first dose, and evening or bedtime for your second dose.

When you start a new wallet of MYCAPSSA, take a marker and write down the days of the week, and your morning and evening doses, directly on the packaging. **Prepping for the week ahead can help you stay on track.**

## INDICATION AND IMPORTANT SAFETY INFORMATION (Continued)

If you have certain other medical conditions, you should use MYCAPSSA with caution. Tell your healthcare provider about all your medical conditions, especially the following: pregnancy or breastfeeding; liver disease; kidney disease; or difficulty in emptying bladder completely.

Tell your healthcare provider about all the medicines you take. MYCAPSSA may affect the way other medicines work, and other medicines may affect how MYCAPSSA works.

## Do you want to see these full dosing instructions brought to life?

Watch this helpful **MYCAPSSA dosing video** now. You can even show your family and friends, so they can fully support you on your treatment journey.

[WATCH NOW](#)



## INDICATION AND IMPORTANT SAFETY INFORMATION (Continued)

### What are the possible side effects of MYCAPSSA?

The most common side effects are headache, joint pain, nausea, weakness, diarrhea, and sweating a lot.

**Talk to your healthcare provider if you have any side effect that bothers you or that does not go away. You may report side effects to the FDA at 1-800-FDA-1088.**

Keep MYCAPSSA and all medicines out of the reach of children.

### How should I take MYCAPSSA?

Do not take MYCAPSSA with food. MYCAPSSA should be taken with a glass of water on an empty stomach. Take MYCAPSSA at least 1 hour before a meal or at least 2 hours after a meal (for example, you could take your morning dose 1 hour before breakfast and your evening dose at bedtime).

Please see full  
[Patient Information.](#)



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For me, taking MYCAPSSA twice daily has been a non-issue. I take it as soon as I get up. I get ready for work. I go to work and, by that time, it's been an hour so I'm free to have my breakfast. And then I take the second dose at night, right before I go to bed. I've been able to easily incorporate it into my routine on a daily basis.

”

*Shannon*

**SHANNON**  
**MYCAPSSA Clinical**  
**Trial Participant**

Learn more MYCAPSSA dosing instructions  
by visiting [www.mycapssa.com/dosing](http://www.mycapssa.com/dosing)



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